Issue 6: September 2017 - Autumn Edition



Leuva Patidar Samaj of London



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We wish all our members a spiritual season of goodwill, success and a prosperous new Hindu year. On behalf of the committee and trustees, we would like to say thank you to all who have supported the Samaj and each other, and we pray that this bond continues into the fusture and grows between us within and outside London

Having travelled to India and the USA in the last year, I would encourage you all to renew and build the ties to those far away and spend quality time with those closest to you as well.

See you at Navratri and Diwali 2017. Shayleshbhai Ishwerbhai (Sevni), President, LPSoL

UpComing Events - Year ahead 2017

Navratri (10 nights):

Thursday 21st 2017

Saturday 30th Sep 2017

Poonam celebrationsSaturday 7 Oct 2017Shree Swaminarayan Mandir, Kingsbury, Kingsbury Road, London, NW9 8AQ

Leuva Ladies 1 Night Spa BreakSat- Sun 14-15 Oct 2017Diwali ShowSaturday 4 Nov 2017LPSoL Dinner & DanceSat 3 March 2018



News to Share -

whether it is wedding, birth, graduation or any other news you would like to share in our LPS newsletter or Social media, Please contact Email: <u>secretary@londonsamaj.com</u>







2017

On 20th May Leuva ladies got together at Station 31 to have a magical night of pure enjoyment. Fantastic food, music and the company made it a memorable night. The atmosphere was exhilarating full of laughter while we indulged in delicious food. We Leuva ladies then took over the dance floor and rocked the night away to up beat music. This event allowed us to make new connections within our community as well as an opportunity to catch up with family and friends. This wonderful night was a night to remember and thanks to all that came.

Nitaben Rohitbhai (Wembley, Pera)





LPSoL held its first Leuva Ladies night at Station 31. The attendance was excellent, with everyone feeling excited at meeting other members socially. The atmosphere was very relaxed with lots of fun and laughter going on. When the food arrived it was very tasty and a very good variety of both Veg and Non Veg dishes. The food kept arriving until we could eat no more. The evening ended with everyone on the dance floor until the early hours of the morning. It was a FAB evening and looking forward to the next one. A big thanks to Preeti and Mina for organising a wonderful event.

Ninaben Ashokbhai (Slough, Mori)



Kos Trip

So having taken early retirement- the world was my oyster! One of the things I wanted to do was spend proper time with my mum so agreed to go on one of the superbly organised Samaj holidays! Little did I know the organisation would be delegated to me! However this year the trip was to Kos- one of Greece's Dodecanese Islands.







Overall we all had a relaxing time and bonded with each other. It was an insightful experience to see how the older generation perceive the younger generation and vice versa. They simply loved responding to my whistle that I got mistaken as a tour operator!

Shilaben Ambubhai (Chikhli Dungar)



We were a group of 22 - a mix of the older generation and some young ones (including me!!) The hotel location, setting was idyllic and beautiful! They provided such a varied selection of vegetarian food that all the Theplas, Bhakris and Dhokras were left till the end of the week to be quickly consumed! Good entertainment in the evening, dancing and singing exposed us gently to the Greek Culture.

We had organised four trips in the week, one was a day trip to the ruins of Asklepion (400BC) which was a sanctuary were healing was carried out and also where the Gods concerned with medicine once lived, one was a boat trip to a neighbouring island, one was a tour around the picturesque Kos Island where we visited a vinery, an olive oil factory and honey extracting factory and the other was a visit to Turkey. In between the trips we visited Kos town and its quaint shops and saw amazing sunsets at Zia.

Weather was fantastic a bit too hot 35-42 degrees but can't complain with the beautiful landscape and beach. Our hotel was a mere 2 min walk to the beach where we daily gathered at 5:00pm to cool off. It was lovely to see all the Masi's well prepared in their trendy swimsuits to have a paddle or bob around in the floats we provided in the sea. Whilst some found collecting the diverse striking coloured textured pebbles on the beach therapeutic.







National Sports Tournament 2017 Sat 5th August 2017



On Saturday 5th August 2017, the London Samaj took part in the National Sports Tournament held and organised by Leicester LPS. With the great success from last year where we (London LPS) took a full coach of players and supporters to Coventry we did the same this year, but with even more support this time.

The day started off with us all gathering for a central pick up where we had a brand new shiny coach to take us all up to Leicester. In total we had over 75 people that travelled to Leicester for the day.

This included our 2 football teams (6 a side): Our young and older Samaj members that took part were:

Football – Under 35's team:

Bhavik (Bhutsad), Ryan (Bajipura), Dilan (Bajipura), Tarun (Vihan), Keiran (Vadhvania), Jiten Magan (Kharvasa) & Sanjay (Kharvasa).

Football - Over 35's team:

Udai (Kharvasa), Tiku (Nizar), Kirit (Vihan), Naresh (Nizar), Hiten (Nizar), Bhavik Yadev (Umraakh), Neil (Valsad) & Anand (Moti chovisi).

Overall everyone that attended the event had a great time, with team supporting T-Shirts for all. Unfortunately we did not win the tournament but we came very close, both our teams did exceptionally well and got 3rd place, this is a great achievement with over 20 teams that took part in the tournament.

The tournament was hosted very well by Leicester Samaj, providing breakfast, lunch and dinner to all players and supporters with an after party at a local venue.

A great big thank you to all of our supporters on the day including all those that drove up on their own as well. Special thanks to Mahendrabhai Bhagubhai (Bhutsad) and his son Bhavik for helping organise the event for the London Samaj.

If anyone is interested in joining or playing football for fun, then please contact myself, Anand Email:anadram1@yahoo.com. We are hoping to set up regular friendly games. Anandbhai Rohitbhai Patel (Moti-Chovisi) and The Sub-Committee













Bournemouth Trip with



On Saturday 22nd July, Coaches full of LPS members from London, Leicester and Luton put on their shades, T-shirts and shorts and set off for Bournemouth.





The weather did not match the gear but we had a great time walking along the beach with a few picnic breaks along the way. Thepla and coffee was most enjoyable in the fresh sea breeze, almost like London!

Thank you Mahendrabhai for organising this trip complete with snacks and free music (courtesy of Shepherd's Bush Mandal)



Leicester & Luton





<u> એસિયન સમાજ માટે અંગોનુ દાન - આજથીજ પરિવતૅન લાવો</u>

<u>અંગ દાન શુ છે?</u>

તમારી હયાતીમાં પણ તમારાથી અંગનુ દાન કરીને કોઈકનુ જીવન સુધારી શકાય છે. તમારાથી (Blood) લોહી, (Liver) લીવર, (Kidney) કીડની, (Bone Marrow) મજ્જા અને અંતે તમારા શરીરને મેડીકલ રીસચ માટે આપી શકો છો. (Bone Marrow) મજ્જાથી ઘણાં ગંભીર રોગોમાં સારવાર મળી શકે છે, જેવાકે કેન્સર.

મજ્જામાં રહેલ સ્ટેમ સેલથી લોહીના સેલમાં પ્રગતિ કરી શકાય અને આની કિયા સાવ સરળ છે.

<u>એસિયન સમુદાયને શા માટે વધારે જરૂરી છે?</u>

એસિંચનોમાં વધુ ડાયાબિટીસ અને હાઈ બ્લડ પ્રેશરનું જોખમ વધારે રહેલુ છે. જેના પરિળામે શરીરના ઘણા અંગો નિષ્ફળ જવાની શક્યતા રહે છે. એસિંચનોને ફિરંગી દર્દી કરતા એક વર્ષથી વધુ સમય માટે રાહ જોવી પડતી હોય છે. સમાન જાતીના લોકોના અંગ મેચ થવાની શક્યતા વધારે રહેલી છે. અંગ ટ્રાન્સપ્લાન્ટની વતૅમાન રાહ સૂચિનો ૨૬% એસિંચન સમુદાયના છે. અને તેમના પોતાના બેકગ્રાઉન્ડથી વધુ દાતાઓની આવશ્યકતા છે. આપણા એસિંચન સમુદાય માટે યોગ્ય બોન મેરો (મજ્જા) ડોનેશનની (દાન) તંગી ઘળી છે. તેથી, કૃપા કરીને આપણા સમુદાયને મદદ કરો કારળકે તમે તફાવત કરી શકો છે.

<u>દાતા બનવા માટે નોંધળી કરો.</u>

જો તમે દાન કરવા માંગતા હોય, તો <u>www.organdonation.nhs.uk</u> પર તમારા નામની નોંધ કરવા કૃપા કરો. અને એક દિવસ તમે કોઇના જીવનને બચાવવા માટે સમથૅ હશો. ફોમ પૂર્ણ કરવામાં બે મિનિટ કરતાં વધુ સમય લાગશે નહીં. ધન્યવાદ. જય શ્રી કષ્ણ.

Organ donation-Saving lives in our Asian community - Make a difference now

What is organ and bone marrow donation?

Organ donation is giving an organ to someone after death, who needs a transplant - this can save the lives of others. Whilst you are still alive you can choose to donate a kidney, a small section of your liver, or bone left over after a joint replacement.

Bone marrow can also be donated to help treat and cure many life-threatening conditions like leukaemia. Bone marrow contains stem cells that can grow into any of our normal blood cells.

Bone marrow donation is a relatively straightforward medical procedure.

Why is it important in the Asian community?

Asians are more likely to need an organ transplant than the rest of the population due to their higher risk of developing diabetes and high blood pressure, which could cause organ failure.

Currently, Asians have to wait **1 year longer** for a kidney transplant than patients from other communites. Organs from people of the same ethnic background are more likely to be a close match; 26% of the current waiting lists for organ transplants are from the Asian community and more donors are needed from their own background.

There is also a shortage of suitable bone marrow donors for our Asian community. So, please help your community as **you can make a difference.**

Register to be a donor.

If you want to donate, register your details on the NHS organ donor register at <u>www.organ</u> <u>donation.nhs.uk</u> and one day you may be able to save someone's life. The form will take no longer than two minutes to complete.

Thank you

Leuva Patidar Samaj of London AGM 24th September 2017 / 3.30pm-4.00pm

Shree Swaminarayan Mandir, Kingsbury, Kingsbury Road, London, NW9 8AQ

Account for the year ended 31 December 2016

SUMMARY OF THE YEAR	Charitable Funds Riased	Charitable Funds Spent	Charitable Funds Net	Donations Income	Net Total
Navarati	2,015	-12,335	-10,319	9,777	-542.
Arti & Appeal collections	1,400	-1,400	0	-	0
Christmas	360.	-599	-239.	219.	-20.
Dinner & Dance Shades of Blue	6,025	-9.706	-3,681	2,606	-1,075
Diwali & New Year Party	4,255	-9,990	-5,736	45.	-5,691
General all year	-	-	0	720.	720.
Sports Tournament	500.	-1,975	-1,475	170.	-1,305
Summer BBQ health & fun day	1,395	-3,662	-2,267	102.	-2,165
Events total	15,950	-39,666	-23,716	13,639	-10,077
Other Income					
Interest income					4,493
Corporate sponsors					17,282
Giftaid HMRC					1,056
Members subscriptions					982.
Sub Total					23,813
Other Expenses					
Asset depreciation					-115.
Paper & electronic & paypal					-1,288
Governance Storage, Admin					-3,771
LPS UK fee					-51.
Sub Total					-5,225
Non events total net					18,588
Surplus for 2016					8,512

Elections, Agenda & notes for the forthcoming AGM

Bhavikbhai Ramanbhai (Arak Sisodra) will be standing down as a trustee as his tenure ends at this AGM. We kindly request current Samaj members who wish to stand as trustees to please make an application in writing to the Secretary of the Management Committee prior to the AGM and preferably 2 weeks prior to the AGM which would give the committee adequate time to vet their application.

The further requirements to be eligible to apply for a trustee position are:

- Any member can be elected, who has served the Samaj as a Committee Member for a minimum of 2 years and whose attendance at the committee meetings has been more than two thirds of the total number of meetings held during his or her period of service. His or her name should be published with the notice of the Annual General meeting.
- Be at least thirty years of age (unless otherwise approved by the members present at the Annual General Meeting.
- Be a permanent resident of the united Kingdom.
- Be of high standing and responsibility in the Community.
- Have never been a bankrupt, convicted of a serious criminal offence or of unsound mind.
- No Trustee shall hold once for a period of more than five years, where upon, he or she must resign.
- The outgoing Trustee may stand for re-election for a further five years.
- Trustees who have previously served office shall be considered for re-election by the Managing Committee.

Further details will be made available upon request, via LPSOL secretary or any existing Trustee member. At the AGM, the 2016 AGM minutes and the accounts (shown in summary form in this newsletter, the full set are at londonsamaj.com) will be presented to the members for approval.

Also, as normal at alternate AGMs, this year, the entire current committe do not need to stand down but members do need to elect a membership secretary or ratify the acting mambership secretary to continue the role. At this time, we recognize and thank the committe, which is made of people keen to make their mark on society,by building a legacy that our LPSOL mambers can be proud of. If you would like to join the committee at the AGM or in advance, please learn more about what is involved by emailing: secretary@londonsamaj.com

Alternatively, you don't have to join the main committee to help out. Bring and build your skills, network and socialise in whatever way suits you. That can be online or via meet-ups or through conference calls. Become part of the committee team or one of the "Friends of the London Samaj" and what you get back will amaze you. Speak to any of the committee members or call Anand or Shaylesh to see what you might be able to do for your Samaj as a friend & what you will get out of it.





http://www.whittleburyhall.co.uk

PAYMENT IN FULL NEEDED

WWW.LONDONSAMAJ.COM



The Committee Team is well on its way to organising various events for the year. As a member, please consider sponsoring part of, or a whole event. This can be done as individuals or as a group. If you wish to consider sponsoring then please feel free to come and talk to me or any committee member who will be more than happy to discuss options with you. We can give you ideas of what and how you support your Samaj.

If you are or know of someone who works for a large corporate company who may wish to sponsor Charities or have schemes that you can take up to fundraise and get the Charity of your choice sponsored then please come and see us and get involved. So whether you work for Vodafone, Tesco, Nationwide, Waitrose, any big or small company or have your own business see if they want to be involved by giving back into the Community.

Thank you Aruna Ashok Patel (Pera) Head of Fundraising



LPSoL Membership and Directory Entry

As you are all aware, the U.K. Samaj Directory is going to be published soon. The LPSUK deadline was recently extended to allow LPS members living outside the main regions to be able to have an entry.

Your details in mojo will be used for the Directory. The contents printed in the London section of the new directory, will be in the same format as the last diary printed in 2010; siblings' names with month/year of birth will be printed.

In order to make full use of your membership, please ensure that your photograph is uploaded. This can be done via you computer, laptop, tablet or smartphone. You will then receive a membership card which can then be used at all London Samaj events to gain access without having to queue up.

To amend, check or join please use the link: <u>https://membermojo.co.uk/londonsamaj</u> Or alternatively, <u>Email: membership@londonsamaj.com</u>

Please use the link to join or to ensure your details are correct, as LPSOL will not be held responsible for any errors or omissions.

Regards, Minesh Patel - Membership Secretary

Free Membership Offer Extended LIMITED TIME OFFER: FREE MEMBERSHIP TO LPS-LONDON

Until our Diwali show (4 Nov 2017), LPS-London is offering FREE membership, to all new members for the rest of 2017. If you or a family member (e.g. your grown-up children now living and working in London) have moved to London or the surrounding area, and would like to join, for FREE. <u>please click http://londonsamaj.com/membership-zone</u>

As well as being entitled to free entry to 10 nights of Garba (inc Poonam), and the chance to join our Diwali show and meal on 4th Nov 2017, your details will also be included in the forthcoming new LPSUK directory (optional). NB The directory can go to print at anytime, so please hurry.

There is no obligation to renew with LPSoL in 2018, but if you think you and your family will benefited and enjoy being part of the LPSoL extended family, then do seek to renew membership in 2018. We look forward to hearing from you and meeting you at an event.

Other News from LPS-UK (Forthcoming UK Directory)

ANY LPS PERSON CAN NOW HAVE AN ENTRY IN THE NEXT LPS-UK DIRECTORY – WHEREVER YOU LIVE Whether you are a member in London or another LPS region, you already have the chance to be added into the directory. However, LPS origin members living in "other" places, can now also be added to the next directory. Even if you live beyond the boundaries of other local LPS areas.

Whether you live in Scotland, Wales or other far flung places like Milton Keynes, please follow this link to add your details into the "Other regions" section of the LPS-UK directory we are planning to make. Add your details and give your consent here: <u>http://www.londonsamaj.com/ukdiary</u>





DIWALI SHOW 2017

Date and Time: Sat 4 Nov 2017: 17:00 - 21:00

Ticket Sales:

First come, first serve. Limited seating , please book early. Early bird price: £12.50 per seat (up to midnight 7 Oct 2017) Normal ticket price: £25.00



Please visit the front desk during Navratri to book your tickets or contact Bhumikaben Hiteshbhai (Derod) on Email <u>bhuka@me.com (07809 208714)</u> or Preetiben Shayleshbhai (Sevni) on Email: <u>vicesecretary@londonsamaj.com (07733 186642)</u>

Location: Main Hall, Bishop Douglass School, Hamilton Rd, East Finchley, London N2 OSQ

To perform or participate: Please contact Mineshbhai Ashwinbhai (Ruva) by Email: (minesh_patel10@yahoo.co.uk by midnight 7 Oct 2017 (Poonam celebrations).



Format: After a soft drinks reception and mingling, there will be a show/acts and a silver service meal

Sponsorship: is welcome for any element of the show. Please contact as follows: Email: secretary@londonsamaj.com or Arunaben Ashokbhai (Pera) on: aap1902@aol.com



Nominations open for President's Special Members' Award

Some of our elder members have been in London for over half a century and many of our other members are pillars of strength for their local communities and families and others have become the unsung heroes of their professions.

Who do you think deserves to be recognised and thanked that is being a role model mother, someone that has helped charities or endured significant hardship but kept their smile.

Your nomination could be for any member, a hard working dad, grandmother, a doctor or a teacher that our members appreciate, acknowledge and admire as a good citizen. We want to hear about those to humble to speak but are the ones we respect. Nominations can be for any LPSoL member excluding those serving on, or directly connected, to any current trustee or committee member. Please send your nomination and "why my nominee deserves the award" Email directly to: <u>president@londonsamaj.com</u>



Bereavements: We have sadly lost the following LPSoL members:



Shakuntlaben (Prabhavatiben) Shantilalbhai Patel (Kuched/Ilford) Nathubhai Jagabhai (Toli/Shepherd's Bush)





Apology:

LPSoL's team of volunteers that put the newsletter together would like to apologise for any errors, delays and omissions in this and previous newsletters. Please do email secretary@londonsamaj.com with any questions, news you would like shared or if you are able to help our newsletter team in the future.

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